

Energy Balancing

MYSTIC RIVER
top seminar leaders
Margaretha Bessel
& **Mischa Thierfelder**

Energy Awareness will open your eyes to an entirely new dimension of life — one that you've always sensed but couldn't quite clearly see nor had a precise language for — the key to being able to make the best decisions in your life. This is almost as radical as a blind person suddenly being able to see!



Mischa Thierfelder
Energy Therapist
Senior Teacher
Essence Training



Margaretha Bessel
Energy Therapist
Director Energy
Balancing Institute

"This is a very worthwhile endeavour. It's life changing to begin to understand how energy effects our day to day life. Having energy awareness in oneself and seeing energies in others makes life easier to understand and maneuver."

Meet & Greet Mischa & Margaretha
Tuesday, November 12th 2019, 7pm (Donation)

We will apply Energy Balancing for daily living, work with body and energy and will guide a form of energy meditation, that anyone can follow and get the benefits from. And above all, we will have fun.

Try to Think Nothing for 3 Seconds!
Mindfulness in daily living
Thursday, November 14th 2019, 7pm, CAD 35

Discover new energy tools to master a busy mind. This event is open to anyone, who would like to find out more about their energy system and state of consciousness. We will apply Energy Balancing methods and help you take your first steps in increasing your mindfulness.

WEEKEND WORKSHOP:

Mindfulness & Meditation
Stay strong and centered, no matter what...
November 15th, 2019 to November 17th, 2019.
Fri 7-9pm. Sat 10-6pm. Sun 10-4pm. CAD 495

Feel worn down by daily life's grind? Can't concentrate or stay focused? Meditation hasn't worked for you? We know the tricks! Learn to raise the vibration of your energy field and stimulate higher states of consciousness. Unless you guard your energy carefully, day-to-day life will deplete you, leaving no time for the things that matter most. And no matter what stage of your journey, Energy Balancing teaches you how to connect to and preserve your best energy so you can reach your highest goals.

Individual Sessions available with both Teachers. Sign up early via email or phone.
All Sessions, Evenings and Workshops will take place in Winnipeg, Manitoba, Canada.
Contact our host for logistics: Larry Willman, larrywillman1@gmail.com cell: 204 - 227-1252

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Mystic River Canada is an ongoing EB-program covering the full spectrum of the psyche. You can enter any time. No prerequisites.

MAY 1st to 3rd, 2020

WORKSHOP: Your Relationships with Partner, Family, Colleagues? – Heaven or Hell?

We love and we hate... and anything in between! Introductory Evening, Thursday, April 30th, 2020 at 7pm

SEPTEMBER 11th to 13th, 2020

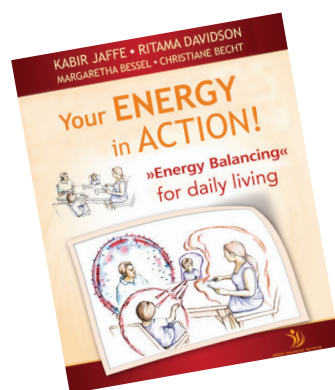
WORKSHOP: Your Communication – Truth with a Sword or Dropping the Ball?

Say "Yes" to Yourself and Speak Up! Introductory Evening, Thursday, September 10th, 2020 at 7pm

Margaretha and Mischa both will also be available for PRIVATE SESSIONS on energy, consciousness and transformation of your personal issues during their stay, BEFORE and AFTER the workshop. Send a request to margaretha@energybalancing.me or to mischa@energybalancing.me to get more information.

Mischa is Senior Teacher in the Essence Training Institute, a highly-trained Energy Therapist and a seminar leader. He is also a NLP-Practitioner and Voice Dialogue Facilitator. For more than 25 years he has been involved in energy- and soulwork and combines his clairvoyance with different methods of inner work. His passion is the energetic work with people and the further dissemination of the science of energy and consciousness! Mischa coaches people from all areas of life in one-to-one sessions or via phone and skype.

Contact Mischa for information:
mischa@energybalancing.me



Book available (print & ePub)
in English and Spanish
at www.energybalancing.me
German book at www.AMRA.de

Margaretha is Director of the Energy Balancing Institute and Co-Author of 'Your Energy in Action!'. She is an accomplished Energy Therapist, a seminar leader internationally in demand and transformational coach. In the world of music she has a career as a professional concert singer. Her experience as a skilled musician gives Margaretha a highly-attuned sensitivity to the vibrational states of energies. Her passion is to help ignite energy awareness in others and reconnect them to their innermost Being, their Essence.

Contact Margaretha for information:
margaretha@energybalancing.me

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